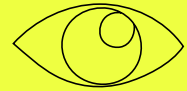


# CAMPAIGN FOR EMPATHY MENU FOR CONVERSATION

*An exchange in perspectives*



Use these questions to start a conversation.  
You can do it in person, on the phone, via video call,  
writing letters, or even use it to write in your own journal.  
You can pick and choose where to start.

*What 3 things do you always have in your fridge?*

*What memory stands out from your childhood?*

*What do people often misunderstand about you?*

*When did you last feel empathy towards someone?  
When did you last experience a lack of empathy towards yourself?*

*What advice would you give to your 20-year-old self?*

*What do you wish people knew about you?*

*Do you have an unfulfilled dream?*

*What's your greatest fear?*

*What does a happy life mean to you?*

*What are you the most proud of?*

*Do you regret anything?*